



LPSS Matters

Official Alumni Newsletter of Lorne Park Secondary School

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50th Anniversary Reunion
October 19-21, 2007

The Generosity of a Family is Honoured in Lorne Park

Just for your information, it's pronounced 'Wol-NY-a-witz.'

Not that you need to know how to pronounce Richard Wolniewicz's last name. The park just west of Port Credit named in his honour is just called Richard's Memorial Park. The city's parks department figured that would be easier on the visitors.

The park here was originally called Stoney Bay Park but was renamed in 1972, not long after mayor Robert Speck suffered a heart attack.

Speck was active in Mississauga politics for 16 years; one year as a councilor, three as deputy reeve, seven as township reeve and finally, five years as the first mayor of the short-lived Town of Mississauga. The campaign that led Speck to the mayor's office was not an easy one. On election night in 1967, Speck was in a hospital bed in Toronto, having just suffered the first of what would turn out to be three heart attacks. After a coronary in 1971, doctors informed Speck that the latest one would be the last one he'd ever remember.

Meanwhile in Toronto, the 14 year old Richard Wolniewicz was excited about his first ride on the subway. As the train approached the Runnymede station to take the family downtown for an evening of Friday night fun, Richard leaned out to see the oncoming train. The train struck Richard's head. Richard lay unconscious on the platform. The boy was rushed to St Joseph's Hospital where he remained, in a coma until he died Mon-

day morning. While his heart still beat in his chest, Richard's parents decided to donate their son's heart to a suitable recipient, while there was still time. Richard's father, Joseph declared, "Let it be God's will".

The recipient that day was Mayor Speck. A girl in Cleveland received one of Richard's kidneys. To honour the boy, and his family's generosity the City of Mississauga renamed Stoney Bay Park in Richard's honour.

*(taken from The Booster (insert of the Mississauga News), January 4, 2006.
Submitted by Clarissa Stevens-Guille ('83)*



RICHARD'S MEMORIAL PARK

Richard's Memorial lake front park is located at 804 lakeshore Road West, east of the Lorne Park Estates.

The lakefront park contains a 170m sandy beach area, waterfront trail, a forested area, a charming rock garden, flatlands, one comfort station, two picnic areas permitted for 75 people each, a barbecue, and playground equipment. There is parking available for 114 with 2 disabled persons parking spots. Water is available

Picnic Area A - Seats 75 people, with a barbecue.

Picnic Area B - Seats 75 people, with a barbecue.

For more information or to reserve park space please call the Customer Service Centre at : 905-615-4100



HELP WANTED

LPSS alumnus/alumna who has a gold membership at Classmates.com., and who would like to help find alumni for the Oct. 2007 LPSS 50th Anniversary Reunion. *LPSS Matters* has 1,500 registered LPSS alumni, and Classmates.com claims to have 3,440. Need someone with great organizational skills to help contact LPSS alumni registered with Classmates.com and who are not registered with *LPSS Matters*. The pay is below minimum wage, but the benefits are great. If you can help, please contact us at Editor@LPSSMatters.com.



"A man has reached middle age when he is warned to slow down by his doctor instead of the police."

Henry Youngman



"Middle age is having a choice of two temptations and choosing the one that will get you home earlier."

Dan Bennett

DRYER SAFETY

I had a wonderful morning, the heating unit went out of my dryer! Why does everything seem to fall apart this time of year????

The guy that fixes things went in to the dryer and pulled out the lint filter. It was clean. We always clean the lint from the filter after every load of clothes. He told us that he wanted to show him something. He took the filter over to the sink and ran hot water over it. Now, this thing is like a mesh - I'm sure you know what your dryer's lint filter looks like - WELL.....the hot water just laid on top of the mesh!!! It didn't go through it at all!!!

He told us that dryer sheets cause a film over that mesh and that's what burns out the heating unit. You can't SEE the film, but it's there. He said the best way to keep your dryer working for a very long time (and to keep your electric bill lower) is to take that filter out and wash it with hot soapy water and an old toothbrush (or other brush) at least every six months. He said that makes the life of the dryer at least twice as long! How about that????!!!! Learn something new everyday!

I certainly didn't know dryer sheets would do that. So, thought I'd share!

Note:

I went to dryer and tested my screen by running water on it. The water collected a little but ran through the screen. I dried it off and was ready to put it back in the dryer since the water ran through it but, I thought was the heck it won't hurt to wash it while I had it out. Warm soapy water and a nylon brush and I had it done in 30 seconds.

I then ran the water over the screen and what a difference the water just gushed through it with no puddling at all and this time I was running the water at a faster rate. That repairman knew what he was talking about.



(taken from Snopes.com)

“Into the Unknown”—Lynn Jenkins (Stevenson) ('71)

www.marylennstevenson.com



Stages of Life

William Shakespeare wrote of the seven stages of man. According to legend, once we decide to incarnate, we re-enter the Earth Plane from the Intuitive Planes. First, we decide what lessons we need to learn in this life and what Karma we want to deal with. Once this is decided, we choose the physical, emotional and mental characteristics we need to develop in order to achieve our purpose in this lifetime.

Six months before conception, we negotiate what type of family situation is needed for us to learn our lessons. At this point we choose our parents in a dream state. According to those lessons, the soul or higher self instructs our physical, emotional and mental selves to create the appropriate personality. The belief is the circumstances to which we are born indicate our prejudices in past lives. Based on the principle of cause and effect, the circumstances of our present life give us an opportunity to correct the negative effects of the prejudices we had in previous lifetimes.

At the moment of birth, without any consciousness of past lives, the soul makes contact with the body. It is believed, however, that it does not actually become anchored to the body until the age of seven.

Our first lesson is to learn about our physical body. From birth to the age of seven is a time for physical development. It is important for children at this stage to learn to master the physical body. The emphasis should be on sports, good eating habits and general care for the needs of the body.

From seven to fourteen is the time for children to learn to express their emotions in a positive manner. Parents should take this opportunity to help their children develop harmonious relationships. This is a wonderful time to teach the virtues of emotional courage, emotional self-discipline, self-confidence and the social graces. These virtues allow us to express our feelings, honestly and in ways that do not hurt others. At this age, children must also learn equality means equal responsibility. If the child wants to be treated as an equal, without constantly being told what to do or how to act, then he/she should learn to take some responsibility and help around the home.

Fourteen to twenty-one is the time for mental development. This is when parents become ‘thickheaded’ according to the child’s thinking. With some things this may be true. How many parents really understand the math our children, or in some cases, grandchildren, are doing in school these days? I know I don’t. How many are fa-

miliar with the latest music? Our children are taught about new technology in school and are brought up with it. What is important at this stage, however, is that children are taught mental discipline. The ability to reason and problem solve should replace criticism of others.

The time of spiritual development is from twenty-one to twenty-eight. The emphasis should be on the importance of service to humanity and development of the ‘we-consciousness.’ This is the time of learning to put aside the selfish desire and consider the needs of the entire family, whether it be the immediate family or the global family.

Twenty-eight to thirty-five is the time of the ‘fiery will’. The individual sets out to make a mark in life. Since this seems to be a period of preparation for something new, it is a good time to plan the rest of your life based on the cause and effect lessons learned over the past 28 years.

From thirty-five to forty-two we go in search of our life purpose. The reason we reincarnated. We develop and express individuality in the search for who we really are. For those of us who are not satisfied with what we are doing, it is as if we instinctively know there has to be something more to life.

From forty-two to forty-nine we are usually totally in service, doing what we came here to do. We are in touch with the divine or the intuitive plane and are able to learn the importance of the global family of man and our role. This is when we learn to live in harmony with others.

Forty-nine is considered to be a time of completion and rebirth and a new cycle begins. From birth to the age of 49, at seven year intervals, we are supposed to have learned our lessons on the physical, emotional, mental and spiritual levels. If we have accomplished this, we can continue to live a beautiful life into the latter years. We continue to learn based on experiences of the first 49 years. If, however, we have not advanced on the four levels, 49 becomes an age of rigidity. Our flexibility or willingness to learn during each of these periods determines our longevity.

Legend tells us, if someone dies in the second 49 year period, the year in which death occurs corresponds to the stage at which that person became rigid and could not learn what should have been learned at that stage of life. If at the age of 70 you become stuck on any of these areas for the second time around, it is time to give yourself permission to leave this earth plane, otherwise (cont p. 5)



Q. My mother has dementia and is in a nursing home. The truth is, I dread going to visit her. There's nothing to say or do and I always leave in tears.

A. There's a lot going on in this question! Dementia is often dubbed 'the long goodbye' – your parent is still alive, but so different from their former self that families often experience 'pre-grief' at the loss of the parent they knew. How, then, to come to terms with the person who's now occupying your parent's body, and to make the most of the time you have together?

One of the newest trends in dementia care is the "Best Friends" approach, developed in the US in the mid 1990's by Virginia Bell and David Troxel. Simply put, the model suggests that what a person with dementia needs most of all is a friend - a "Best Friend." This can be a family member, friend, or staff member who empathizes with their situation, remains loving and positive and dedicated to helping the person feel safe, secure and valued. Here are some of their techniques; visit www.bestfriendsapproach.com for more ideas:

The art of activities is not in what is done, it is in the doing. Activities should:

tap into past interests and skills, and recall a person's work-related past

be adult in nature and stimulate all five senses

maximize a person's remaining physical skills

will be initiated by others, but be voluntary

should fulfill religious and spiritual needs

Intergenerational activities are especially desirable

Specific ideas for you and your mom might be sorting through old photos, greeting cards or postcards and putting them into albums; engaging in some of her favourite activities such as gardening or baking – either in your home or in the retirement home's activity area – as well as

sewing or crafts. One client I know takes her 'mending basket' to her mom, who does a beautiful job, to their mutual delight. Another client takes her own young granddaughter - whom her mother does not actually recognize – and all three generations read picture books, do simple puzzles and Lego together. Please – turn off the TV, get out of her room into the sunshine and fresh air, and really engage with your mom!

For Canadian sources, check www.alzheimer.ca for excellent information such as: [Counseling, Information & Referrals](#), [Educational Workshops](#), [Support Groups & Forums for Family Caregivers](#), [Social Events](#) and information on "Safely Home", the Alzheimer Wandering Registry. The [Toronto Dementia Network](#) (www.alzheimertoronto.org) lists information resources including: [Is It Alzheimer's Disease?](#), [Working With Your Doctor](#), [Planning for the Future](#), [Enhancing the Quality of Life](#), [Getting Help & Support](#), [Placement & Long-Term Care](#), [Stress, Bereavement & Grief](#) and [Sharing the Experience](#). Information like this provides insight into your parent's behaviour and the assurance that you're not alone.

Another part of your distress may be a sense of guilt at being healthy, and at leaving her behind at the end of your visit. Please – give yourself a break! Remember that you are a partner with the retirement home in your mom's care and well-being. Your visits and input are important, but the caregiving professionals are also doing their jobs. If possible, make short, frequent visits that leave both of you refreshed rather than exhausted.

Remember that you have an obligation to yourself – and your mom – to look after yourself first, which includes permission **not** to visit when it's too overwhelming for you. Help is out there, so make sure you get it. If you can learn to enjoy your mom for who she is, at this stage of her life, it will be truly rewarding for both of you.

50th Anniversary Reunion—Class Representatives/Volunteers

We now have 23 years with people who have volunteered to help with their graduating class. I am very pleased to welcome 8 new volunteers (as designated by an * beside their name) since the last issue of *LPSS Matters*.

1959 - Patricia Conron (Henderson)

1962 – Ally Sandy Koohtow (Kerr)

1965 – Pat Raham (Carr)

1968 – Judy Darling (Orr)

1973 – Ross Murison*

1978 – Michelle Oliphant (Nolan)

1981 – Howard Smith*

1985 – Ken Reeves

1960 - Mary Lou May (Baldwin)

1963 - Fred Hilditch

1966 – Donna Walker (Harrison)

1969 – Wendy Arntfield (Van Exan)

1974 – Julie Russell (Thur)*

1979 – Tim Frazer

1982 – Timothy Brown*

1995 – Lindsay Lepp (Williams)*

1961 – Linda Fletcher (Baker)*

1964 - Mike Raham

1967 – Doug Alton/Karen Empey (Alton)

1970 – Janet Pearson (Miller)

1976 – Sally Brown (Boyle)*

1981 – Brenda Bennett (Learmonth)*

1983 – Clarissa Stevens-Guille

1997 – Colin Crouse

We still need help for the following years—1971, 1972, 1975, 1977, 1980, 1984, 1986-1994, 1996, 1997-2005
If you would like to help make this a great reunion, please contact me at david.crouse@utoronto.ca

(cont.) begin to degenerate physically, emotionally and mentally. Rigidity can cause a degenerative illness.

If you have continued to learn your lessons on the physical, emotion, mental and intuitive levels to the age of 70, it is believed you may choose to continue to live for as long as you want.

You can choose to live in whatever form you decide, in the material body or in spirit. You will have earned the choice of form which will best help you accomplish what you have chosen to do for others who are still working on their lessons.

Author Unknown

INDIA

As you may have read in past editions or our LPSS Matters newsletter, Biff Hawke ('65) has been living and working in India for the past ten years.

He asked us to spread the word amongst other LPSS graduates about a tour package to India that he's put together.

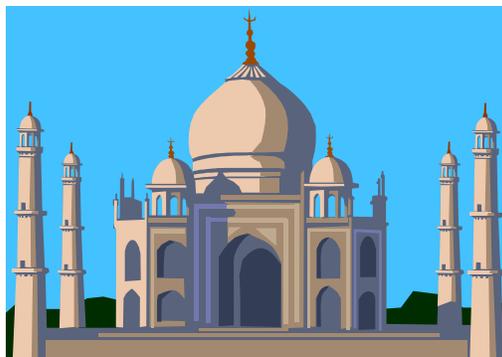
Participants will leave Toronto on October 23 and return on November 7 (14 days). The cost is quite reasonable given the itinerary that he's put together.

The package includes several cities and attractions including the Taj Mahal (symbol of eternal love) and the Pushkar Fair (the largest camel fair in the world). He'll also make an attempt to show us the elusive tiger in the wild.

Biff is hosting a mini website to introduce the tour. You can view this at www.diplomatist.com/hawkeye. I checked it out and it's quite impressive.

Another thing: He's not making this exclusive to LPSS graduates. Anyone is welcome to spread the word amongst their friends and relatives and bring them along. Actually, he says that he'll need 20 people to make it viable at the quoted price.

Please deal directly with Biff at williamh@lbassociates.com for further information or queries



The man or woman you really love will never grow old to you. Through the wrinkles of time, through the bowed frame of years, you will always see the dear face and feel the warm heart union of your eternal love.

Alfred Armand Montapert

ANNUAL STELLA AWARDS

The **Stella Awards** were inspired by Stella Liebeck. In 1992, Stella, then 79, spilled a cup of McDonald's coffee onto her lap, burning herself. A New Mexico jury awarded her \$2.9 million in damages, but that's not the whole story. Ever since, the name "Stella Award" has been applied to any wild, outrageous, or ridiculous lawsuits -- including bogus cases. There are seven or eight well-known bogus cases (<http://www.ebaumsworld.com/stella.shtml>), however real lawsuits of equal silliness can be found in abundance. For instance (taken from Snopes.com):

- In March 1995, a San Diego man unsuccessfully attempted to sue the city and Jack Murphy Stadium for \$5.4 million over something that can only be described as a wee problem: Robert Glaser claimed the stadium's unisex bathroom policy at a Billy Joel and Elton John concert caused him embarrassment and emotional distress thanks to the sight of a woman using a urinal in front of him. He subsequently tried "six or seven" other bathrooms in the stadium only to find women in all of them. He asserted he "had to hold it in for four hours" because he was too embarrassed to share the public bathrooms with women.
- A San Carlos, California, man sued the Escondido Public Library for \$1.5 million. His dog, a 50-pound Labrador mix, was attacked November 2000 by the library's 12-pound feline mascot, L.C., (also known as Library Cat). The case was heard in January 2004, with the jury finding for the defendant. In a further case which was resolved in July 2004, the plaintiff in the previous suit was ordered to pay the city \$29,362.50, which amounted to 75% of its legal fees associated with that case.
- In 1994, a student at the University of Idaho unsuccessfully sued that institution over his fall from a third-floor dorm window. He'd been mooning other students when the window gave way. It was contended the University failed to provide a safe environment for students or to properly warn them of the dangers inherent to upper-story windows.
- In 1993, McDonald's was unsuccessfully sued over a car accident in New Jersey. While driving, a man who had placed a milkshake between his legs, leaned over to reach into his bag of food and squeezed the milkshake container in the process. When the lid popped off and spilled half the drink in his lap, this driver became distracted and ran into another man's car. That man in turn tried to sue McDonald's for causing the accident, saying the restaurant should have cautioned the man who had hit him against eating while driving.

For Stella awards from 2005, 2004, 2003 and so on, go to <http://www.stellaawards.com/2005.html>. In the address put in whichever year you are interested in. We won't vouch for the legitimacy of these, but if nothing else they make for interesting reading.



We Remember...

Gary Albertson 1969

CURRIE, David James - Surrounded with love, and his family by his side, David passed peacefully, on January 21, 2006, at Princess Margaret Hospital, at age 30. Beloved husband of Josephine (nee Hedjes). Loving father of Hannah and David Junior. A constant and loving son of Robert and Ivana Currie. Gentle brother of Jennifer, Diana and her husband Jim Mather, Michael and his wife Bridgette, and Hailey. Dear son-in-law of Josip and Gordana Hedjes, and brother-in-law of Alma and her husband James Pierce, and Christina Hedjes (Dave West). Caring uncle of Michaela, Jadeynn, Jay, Olivia, Juliet and Tomas. David will be missed by all his family including his many aunts, uncles, cousins and friends. With tremendous courage and strength, David inspired all of his family and friends to live and love better, and blessed us all with his constant love and gentle nature. Friends and family will be received at the NEWEDUK FUNERAL HOME "MISSISSAUGA CHAPEL," 1981 Dundas St. W. (1 block east of Erin Mills Pkwy.), from 2-4 and 7-9 p.m. Tuesday. A Mass of Christian Burial will be held at Church of Croatian Martyrs Roman Catholic Church, 4605 Mississauga Road (south of Eglinton Ave W.), on Wednesday, January 25, 2006 at 11 a.m. Interment Springcreek Cemetery. In lieu of flowers, donations may be made in David's memory to his young, loving family through a Trust Account. Neweduk Funeral Home 905-828-8000 www.neweduk.com.

Submitted by Robin Harding ('95)

CROFT - At Bluewater Health - Palliative Care on Friday, February 17, 2006. JOHN GORDON CROFT, age 60 of Sarnia. Loving husband of Jacqueline. Dear father of Stephanie, Sooke, B.C., Benjamin, his wife Jen Barrett and their daughter Lily Adele, Montreal, Priscilla, Fort Kent, Maine, Timothy, Montreal, Matthew, Tofino, B.C. and Mark-Antoine, Ottawa. Brother of Duncan Croft and his wife Heather, Mississauga, **Sandra Monroe ('60)** and husband Hugh, Sechelt, B.C. Heather Brown and her husband Ron, Fenelon Falls and Elizabeth Croft and her husband Dale Hardy, Vancouver. Also survived by several nieces and nephews. John graduated from U.W.O. with a B.A. in music in 1969 and an M.B.A. in 1974 and worked as an H.R. Manager and consultant. He was also very active in his church and community. He was a keen canoeist, artist and athlete, and was always ready to engage in philosophical discourse. Visitation at the McKENZIE & BLUNDY FUNERAL HOME & CREMATION CENTRE, 431 N. Christina St., Sarnia on Monday 7 to 9 p.m. & Tuesday 2 to 4 p.m. & 7 to 9 p.m.. The funeral service will be held at Grace United Church, (Cathcart at Indian) officiated by The Rev. Brad Morrison on Wednesday at 12 noon. Cremation to follow. As an expression of sympathy, friends who wish may send memorial donations to the charity of their choice. Messages of condolence & memories may be left at www.mckenzieblundy.com A tree will be planted in memory of John Croft in the McKenzie & Blundy Memorial Forest. Dedication service Sunday, September 17th, 2006 at 2:00 p.m. at the Wawanosh Wetlands Conservation Area.

Submitted by Eric Oliver ('65)

Letters



....By the way, of all the issues that I've read (and I think I've read them all), I enjoyed the latest issue of the newsletter (January '06) the most. Thanks and best wishes from Tennessee,

Preston MacDougall ('79)

True love does not come by finding the perfect person, but by learning to see an imperfect person perfectly.

Jason Jordan

You have to be old enough to remember Abbott and Costello, and too old to REALLY understand computers, to fully appreciate this. For those of us who sometimes get flustered by our computers, please read on.

If Bud Abbott and Lou Costello were alive today, their famous sketch, "Who's on First?" might have turned out something like this:

COSTELLO CALLS TO BUY A COMPUTER FROM ABBOTT

ABBOTT: Super Duper computer store. Can I help you?
 COSTELLO: Thanks. I'm setting up an office in my den and I'm thinking about buying a computer.
 ABBOTT: Mac?
 COSTELLO: No, the name's Lou.
 ABBOTT: Your computer?
 COSTELLO: I don't own a computer. I want to buy one.
 ABBOTT: Mac?
 COSTELLO: I told you, my name's Lou.
 ABBOTT: What about Windows?
 COSTELLO: Why? Will it get stuffy in here?
 ABBOTT: Do you want a computer with Windows?
 COSTELLO: I don't know. What will I see when I look at the windows?
 ABBOTT: Wallpaper.
 COSTELLO: Never mind the windows. I need a computer and software.
 ABBOTT: Software for Windows?
 COSTELLO: No. On the computer! I need something I can use to write proposals, track expenses and run my business. What do you have?
 ABBOTT: Office.
 COSTELLO: Yeah, for my office. Can you recommend anything?
 ABBOTT: I just did.
 COSTELLO: You just did what?
 ABBOTT: Recommend something.
 COSTELLO: You recommended something?
 ABBOTT: Yes.
 COSTELLO: For my office?
 ABBOTT: Yes.
 COSTELLO: OK, what did you recommend for my office?
 ABBOTT: Office.
 COSTELLO: Yes, for my office!
 ABBOTT: I recommend Office with Windows.
 COSTELLO: I already have an office with windows! OK, let's just say I'm sitting at my computer and I want to type a proposal. What do I need?
 ABBOTT: Word.
 COSTELLO: What word?
 ABBOTT: Word in Office.
 COSTELLO: The only word in office is office.
 ABBOTT: The Word in Office for Windows.
 COSTELLO: Which word in office for windows?
 ABBOTT: The Word you get when you click the blue "W".

COSTELLO: I'm going to click your blue "w" if you don't start with some straight answers. What about financial bookkeeping? You have anything I can track my money with?

ABBOTT: Money.

COSTELLO: That's right. What do you have?

ABBOTT: Money.

COSTELLO: I need money to track my money?

ABBOTT: It comes bundled with your computer.

COSTELLO: What's bundled with my computer?

ABBOTT: Money.

COSTELLO: Money comes with my computer?

ABBOTT: Yes. No extra charge.

COSTELLO: I get a bundle of money with my computer?

How much?

ABBOTT: One copy.

COSTELLO: Isn't it illegal to copy money?

ABBOTT: Microsoft gave us a license to copy Money.

COSTELLO: They can give you a license to copy money?

ABBOTT: Why not? THEY OWN IT!

(A few days later)

ABBOTT: Super Duper computer store. Can I help you?

COSTELLO: How do I turn my computer off?

ABBOTT: Click on "START".....

(submitted by Lynn Jenkins (Stevenson) ('71))



LIFE IN THE 1500's

The next time you are washing your hands and complain because the water temperature isn't just how you like it, think about how things used to be. Here are some facts about the 1500s:

Most people got married in June because they took their yearly bath in May, and still smelled pretty good by June. However, they were starting to smell, so brides carried a bouquet of flowers to hide the body odour. Hence the custom today of carrying a bouquet when getting married.

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women and finally the children. Last of all the babies. By then the water was so dirty you could actually lose someone in it. Hence the saying "don't throw the baby out with the bath water".

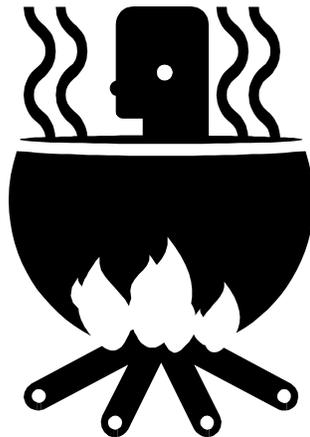
Houses had thatched roofs-thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof. Hence the saying "it's raining cats and dogs".

There was nothing to stop things from falling into the house. This posed a real problem in the bedroom where bugs and other droppings could mess up your nice clean bed. Hence, a bed with big posts and a sheet hung over the top afforded some protection. That's how canopy beds came into existence.

The floor was dirt. Only the wealthy had something other than dirt. Hence the saying "dirt poor".

The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on the floor to help keep their footing. As the winter wore on, they added more thresh until, when you opened the door, it would all start slipping outside. A piece of wood was placed in the entranceway. Hence the saying "a thresh hold".

In those old days, they cooked in the kitchen with a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot. They ate mostly vegetables and did not get much meat. They would eat the stew for dinner,



leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes stew had food in it that had been there for quite a while. Hence the rhyme "peas porridge hot, peas porridge cold, peas porridge in the pot nine days old".

Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a sign of wealth that a man could "bring home the bacon". They would cut off a little to share with guests and would all sit around and "chew the fat".

Those with money had plates made of pewter. Food with high acid content caused some of the lead to leach onto the food, causing lead poisoning deaths. This happened most often with tomatoes, so for the next 400 years or so, tomatoes were considered poisonous.

Bread was divided according to status. Workers got the burnt bottom of the loaf, the family got the middle, and guests got the top, or "the upper crust".

Lead cups were used to drink ale or whisky. The combination would sometimes knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up. Hence the custom of "holding a wake".



England is old and small and the local folks started running out of places to bury people. So they would dig up coffins and would take the bones to a bone-house, and reuse the grave. When reopening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive. So they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night (the "graveyard shift") to listen for the bell; thus, someone could be "saved by the bell", or was considered a "dead ringer".

Spartan Stuff

1957—1964 Fred Hilditch ('63) - fred@businessdata.on.ca



Seventeenth Edition since April 2002



Still giving lessons - Former Mississauga teacher **Beverley Oda ('62)**, is the new Minister of Heritage and Status of Women by Declan Finucane (The MISSISSAUGA NEWS), Mar 14, 2006. Heritage Minister is still a teacher at heart. One of Prime Minister Stephen Harper's new team members on Parliament Hill has a strong connection to Mississauga. Beverley Oda, Conservative MP for Durham and Canada's new Minister of Heritage and Status of Women, taught at Sheridan Park and The Woodlands Senior Public Schools for six years after graduating from the University of Toronto four decades ago. Oda, 61, who went on to spend more than 25 years working in the Canadian broadcasting industry after her teaching stint in Mississauga (1967-73), remains a classroom leader at heart. "I really love kids, that's why I became a teacher," Oda, the first Japanese-Canadian ever elected to Parliament, told The News in an interview from Ottawa. "Even though I may not be a teacher anymore, I love working with kids. The teacher never leaves me. "To me, everything you do should be a teaching or learning experience," continued Oda. "I still find myself teaching in a lot of ways".

"When I'm speaking to people about complex issues, I find my experience as a teacher valuable in helping to break (the issue) down and make it more easily understood." Though more than 30 years removed from the classroom, Oda still has a lesson or two for young students. "Learn as much as you can, not only within the school curriculum, but also through life experiences," said Oda, who was first elected to Parliament in 2004 and

re-elected in January. "And, view challenges as learning opportunities. We are always learning and (what we learn) can be used in many different professions." Prior to moving into federal politics, Oda spent more than two decades in public and private broadcasting. She began at TVO, Ontario's public broadcaster, in 1976 and moved on to various production and management positions at Rogers Communications, CITY-TV, Global Television Network and CTV. Oda also spent six years as a Canadian Radio-television and Telecommunications Commission (CRTC) commissioner and, in 2003, was inducted into the Canadian Broadcasters Hall of Fame. The former public school teacher also served as co-chair of a national Task Force on Diversity in Canadian Television and was awarded the Queen's Golden Jubilee Medal in recognition of service to the community. As cultural critic for the Conservatives, Oda was highly critical of the previous Liberal government's handling of arts and culture funding.

WE MADE IT - TO ALL THE KIDS WHO WERE BORN IN THE 1930's 40's, 50's, 60's and 70's !!

First, we survived being born to mothers who smoked and/or drank while they carried us.

They took aspirin, ate blue cheese dressing, tuna from a can, and didn't get tested for diabetes.

Then after that trauma, our baby cribs were covered with bright coloured lead-based paints.

We had no childproof lids on medicine bottles, doors or cabinets and when we rode our bikes, we had no helmets, not to mention, the risks we took hitchhiking. As children, we would ride in cars with no seat belts or air bags. ETC.

Comments on the subject from **Steve Headford ('65)** — There's so much truth in this. I remember at 11 and 12 years of age – both parents working and we just ran free all day until dinner – back out till dark, all summer. No pedophiles, no major hassles and a few fights, cuts and bruises. Today's helicopter parents won't let the kids that age walk to the corner store.

Comments from Fred Hilditch's ('63) daughter-in-law — Kerri And what those generations learned and exploded with inventions of were: carseats, seatbelts, crib laws, and prenatal care! However I do agree with many of those old school laws like playing outside, eating real food, siding with the law, having real friendships and failing once in a while.

"The most important thing in communication is to hear what isn't being said."

Peter F. Drucker

Remember to check the Message Board on our alumni website

<http://www.lpssmatters.com/board/>

Spartan Stuff

1957—1964 (cont.)

Pictures from Leigh Box ('63):



Lee Ditchburn 61, Hans Koch 61,
Drummer- Ron Guenther



Jim Ellis (didn't go to LPSS), Lynn Farthing ('63), Noel (Soupy) Campbell ('62)



Fred Hilditch ('63), Pat Moore ('62), Rick Gorman ('63)



Donna Laidley (back) ('63), with George Hearing, Carol Macnab ('62), dancing with Graeme Box ('63), Sue Bryan ('62), dancing with Fred Meth ('61)

The Box Boys - **Gary ('65), Leigh ('63) & Graeme ('61)** - Hi Fred, First of all I'd like to tell you that you are doing a magnificent job on the alumni newsletter. My brother Leigh has been keeping me informed. Before I start I'd like to know more about what you and John have been up to. It seems I don't have to tell you much more since my name seems to keep cropping up (much to my chagrin). Of course it's all true and so I'll take my lumps. First of all I'd like to comment on the photo on page 17 of the January newsletter.....it's like a scene out of the movie "Stand By Me", I knew all the people in that photo and what a handsome bunch they WERE!

Spartan Stuff

1957—1964 (cont.)



Donna Laidley (back), Sue Bryan ('62) ,
Fred Meth ('61), Barbara Sherman ('64)

I too would like to tell more about the Clarkson I grew up in but I will have to give it some thought (clean it up) since Jane Barnett wondered why "we were told not to hang out with the Box Boys" I assure you we were all "honorable men" and meant no malice towards anyone.....well almost anyone. Although I only went to LPSS for only six weeks, grade 11 (I went to Appleby College for 8 years) I do feel a close connection with the school because most of my friends went there. I would also be delighted to help you out any way I can. I spent my life in marketing communications so maybe I could help you out with research or the newsletter. Remember seeing Richard French on Television. He was representing some political Party or citizens' group in Montreal and I think it was around the time of the Referendum in Quebec. I attended LPSS for six weeks in 63-64 but I don't think I made the yearbook. Is Sandra Lindsay, John Lindsay's sister? If so then I remember her too. Our Parents were very good friends. Gary Box

Bruce Conron ('63) - I now know that Don Ursino is alive and well, and that I will have the pleasure of meeting him at the 50th anniversary! I "had" Don for Grade Nine science, Mr. Tanner for Grades Ten physics and Thirteen biology. Both were teachers who knew their stuff and knew how to teach it. Tannis Newton lived on Tecumseh Park Drive a few doors down, as did Gary Brownridge. I remember a majority of the others of the premiere class era who have contributed. About four years ago I met Barb (Crook) Cameron (1963) serendipitously at a financial services expo. I believe she is still a financial advisor with Investors' Group in Ottawa. About a year ago I spotted the name of another '63 grad, Peter Zuuring, in connection with an endeavour he is heading up to retrieve a sunken scale model or mock up of the famous Avro Arrow from the bottom of Lake Ontario. It is his objective to restore it to flight-worthiness after that. Those of us who grew up in the late 1950s in Peel County will have memories of the Arrow and the bitter politics surrounding the cancellation of its production at Malton in 1959. When I see the name of someone I knew back then, like Gary Jasper, I flash back to 1960 and see him in a Spartan (called the "Redmen" in those days, I recall) football uniform. The compliments about Earle Brownridge, all well warranted, almost made me cry. Like Robert Stanfield as Prime Minister, Earle may have been the best MP we never had. I hope the four Gs have read this.

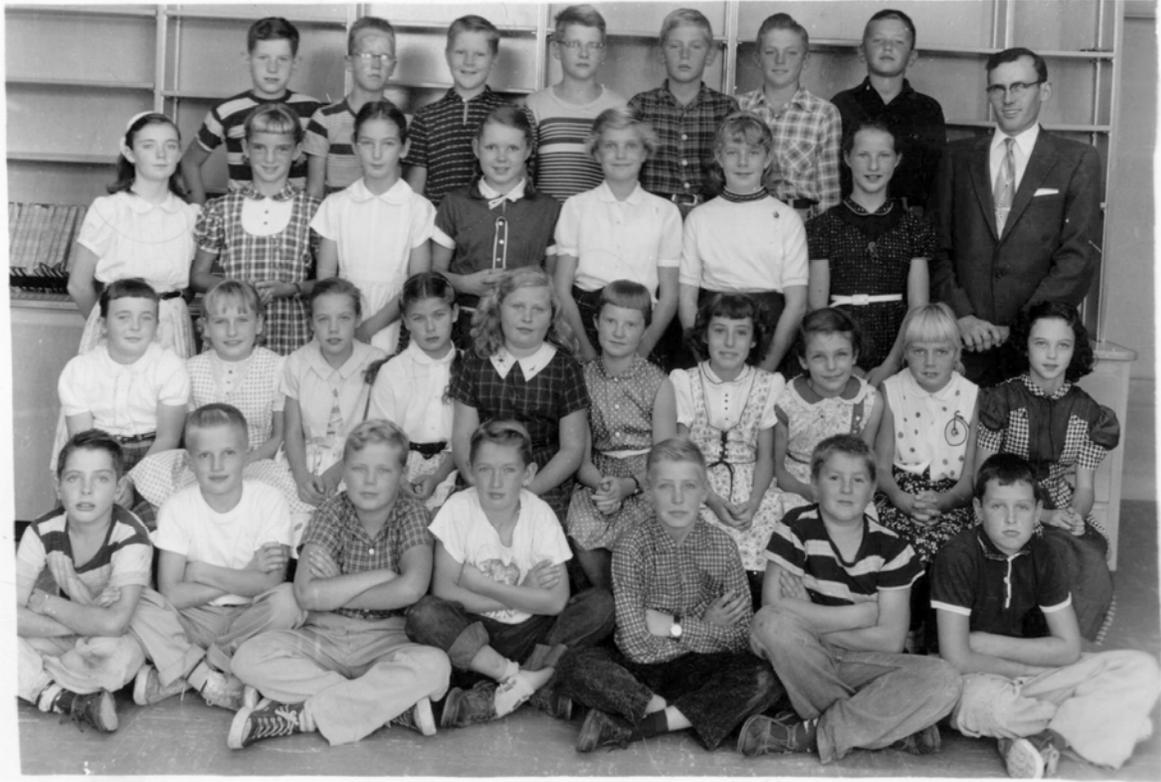
This could be a compliment to all of us LPSS 57-64er's - "We're always thankful when the edition comes out....it means we have a bit of a break until the next quarter -that is all of us except Fred who's corresponding with people until the wee hours of the day it seems!" **Clarissa ('83)**

Comments on '1895 8th grade final exam' From Ole - Holy Crap Fred, I don't know any of this stuff. The last quiz was better. On that one I got all the answers except the name of some horse. On this one I don't even understand the questions. Dick; I'd still be in grade 8 !! Interesting Fred. Carol

Spartan Stuff

1957—1964 (cont.)

Gary ('62) & Gail ('65) Brownridge – are on board - Hi Fred Gary's e-mail is He did live in Michigan but now lives in Sarnia. I talked to him tonight and he thinks **Bev Oda ('62)** was in his year. Take care Gail



Jane Barnett ('65) with help from **Dave Richards ('65)** - Teacher is Mr. Haldenby and I think we were in Grade 6, but am not certain.

Back Row: Keith Greeniaus, Peter Crowder, don't know, Richard French, don't know, Bart Crashley, don't know (but don't think it's Ken Will)

3rd Row: Sally Penberthy, Wendy Steen, don't know, Jane Barnett, Sheila Bluett, don't know, Elizabeth Koch, Mr. Haldenby

2nd Row: 1st Jane Smith, Darlene somebody is 5th from the left, then Mavis Hignell, Jo Anne Duff, don't know, Patsy Goddard, Cheryl Glover, John Elasser says it is Cheryll Hunter

1st Row: Mac Corp, Gerry Dent, don't know, don't know, Gary Box, Jimmy Isaacs (?), Tim Ditchburn

Comments from **Doug Edwards ('64)** - Man, this is a while back. Top left is Keith Greeniaus, who I played hockey with for years. Next is Peter "Chad" Crowder, and this was taken very shortly after he overloaded their barbeque with gasoline to ignite the charcoal and got way too close when he tossed the match in. He got a pretty nasty burn, and you can see the skin blackened and peeling from his face. Two over is Richard French or "Frenchie". Two over from him is Bart Crashley, who went on to play for the Detroit Red Wings.

Fourth and fifth in the next row down are Jane Barnett and Sheila Bluitt. First in the next row down is Jane Smith. Fourth in is (I think - got her confused with someone else before) Jane Anstee. Sixth in is Sandra Lindsay. I think the second last in that row is Leigh [forgot her last name] and last may be Jane Christie.

Second in the front row is Gerry Dent and second last might be Jimmy Isaacs who was a terrific hockey player in his younger days. The others all look familiar, of course, but the brain just won't give me the names. This must be a 2 year class, because Keith Greeniaus and I played hockey, but Chad and Bart were one age group up from Keith and I.

Spartan Stuff

1957—1964 (cont.)

Ole Kahl ('65) - Hi Fred : I had the pleasure of meeting Mr. Fraser Manders while visiting Etobicoke General Hospital the other day(My wife was in for minor day surgery). Mr. Manders told me that he was there for cataract surgery. I had just undergone this procedure a few months ago. I found out that the doctor performing the operation was the same who had done my cataract surgery. I assured him that it was painless and that the doctor was one of the best in his field. We chatted for awhile and I found out that he still sees Mr. Richardson and Mr. Squires. He also goes out a few times during the year with some of his old staff from Streetsville Secondary School. He seemed to be very pleased to talk about old memories from Lorne Park. When I asked him if there was anything that he would like to share with the staff and students of Lorne Park he answered "tell them I am still alive and kicking". He has been retired for twenty years and will be 82 on May 21st. About the last newsletter Ole says Slight correction .. I was a Principal in Peel... BUT in the Elementary system.



Don Ross ('62) - Don't recognize anyone in the picture you sent, however, I found a picture of the 1950 Grade 1 and 2 class from Lorne Park Public School and can attach some names to it, which I hope are correct. If you are interested maybe you can find people to fill in some of the question marks:

Top: - 1 ? 2 Honey Huys 3 David Harrison 4 Ed Baggaly 5 ? 6 Barry Sherman 7 ? 8 Peter Burton 9 Marjorie Draper
Second Row- 0 Greg Thorne 11 Don Ross 12 Brian Vasey 13,14, 15? 15 ? 16 Donna Laidley 17 Cheryl Smallcombe 18 ?

Third Row- 19 Garson Ewings 20 ? 21 ? 22 ? 23 ? 24 Barbara Madigan 25 Cameron Brownell 26 Bob Gastle
Front Row - 27 Charlie Tedder 28 ? 29 Jim O'Neil 30 ? 31 George Krysac 32 ? 33 Philip Walton

Some others I can only guess 5~Harold Kirby? 14~Susan Holbrooke? 17~Cheryl Smallcombe? 21~ Donna Rae?
22~Karen?? 30~John Morris?.

Spartan Stuff

1957—1964 (cont.)



LPSS meeting at Horseshoe Ski Resort with Fred, Mary Beth Ayling ('69), John Hilditch ('65), Jim Cooper ('65) and his wife Linda (Sudsy)

Here are some comments I got back on our Quiz 'Take 5 Minutes' I guess I'm older than dirt ... I got 19 out of twenty... I missed the Howdy Doody question...Twas fun...Wayne; Fred you should be ashamed at your age - I got 17 - and I'm only 59- Jim; Well Fred - guess you really are older than me - I only got 12 - guessed a few of them to get the answer. Cathy; Sue is very sharp because I thought I did great and only got 14. Larry; I got 18 - and I really am older than dirt. Scary how easy it was. I missed the Studebaker and the Inkspots. Karen; Christ Fred,I must be really old. I got 19 out of 20. Just missed question 13. Why the hell would anyone name a horse Macaroni. Dick; Took the test .. got 16. Mind you .. no doubt I would have gotten a better score with a 3rd cup of coffee this morning! Thanks for the fun / nostalgic quiz ! Sure brought back memories. Peter's wife, Raenell; I aced it. How embarassing. Just another indication that I am old. Sandra; Hi Fred....that was fun. Got 19/20..never heard of (or remembered?) Butch wax. It's true....I'm old as dirt! Marg; Ok, so I'm older than you. I got them all correct except # 2, which you mislead me on. Moira; Thanks to all for the great comments – makes it all worth while.

Frank Crawford – (lived on Marigold Cres – I worked with Frank at the Township of Toronto (Mississauga) Hydro in 1963-6) Nice to hear from you. Thanks for the info. and other things that you pass along. My wife and I are in Arizona for the winter. Back in mid April. I was in Toronto recently to work an RV Show at the Congress Centre and met up with Dan Harris and his brother Don. They lived on Hazelhurst Rd. at the Oakville border. Dan worked part time at Nixons Drug store and ran around town in a 1953 (?) red Ford convertible. I actually met him and his wife Ruth, at an RV Show a couple years ago. He had just sold his Drug store business in Oakville. They both know you and are very interested in your Clarkson Story. Frank provided Don's email address.

Don (Berly) Berlinghoff ('65) - Fred--Absolutely love the Jan '06 newsletter. I attended LPSS 1964-1966 and hung with John, Jim Cooper, Rolf Kielman, Alex Topps, Steve Headford etc. Part of the football/party group. I happened to read the note from Jim Cooper (Lake Simcoe)- and I have not had the opportunity to talk with Coop for over 35 years. Was wondering if you might have Jim's e-mail address or if you can't give it to me would you be so kind as to forward this note to him. Would love to get in touch with him as I see he might be heading to Florida as that is where my wife and I live. Thanks again Fred and I really to enjoy the newsletter. Also nice hearing that Susie Potts is still around.

Spartan Stuff (cont.)

1957—1964 (cont.)

Thanks to: Steve, Kerri, Leigh, Gary, Susan, Carol x2, Bruce, Clarissa, Dick x2, Gary, Gail, Jane, Dave, Doug, Ole, Don, Wayne, Jim, Cathy, Larry, Karen, Sandra, Marg, Moira, Biff, Frank & Don

1965—1969 **David Crouse ('65) - david.crouse@utoronto.ca**

Gail Brownridge (Graff) ('65) Now living in Perth, Ontario. Enjoyed all my years at LPSS. BA from Queen's University. Taught high school math for 35 years and am currently retired. Two children Leigh (29) and Gord (27), husband of 38 years Jim.



1970—1974 **Ross Murison ('73) - rmurison@sympatico.ca**

Before I start my first column I would like to thank Dana-Leigh Tisdale ('71) for dedicating five years to LPSS Matters on our behalf. Hopefully we can convince Dana-Leigh to send in the odd contribution.

I'm happy to contribute what I can here and to offer up some stories from back in the day to what's going on now. Hopefully I can coerce some stories from you that can be published here. After all this is really your forum, so please feel free to contribute stories, past and present. Photographs are also fun.



For those of you who don't know me I grew up in Lorne Park and other than a year spent in Edmonton I haven't wandered too far from Lorne Park. I'm currently living in Erin Mills with my wife Joanne, Jason and Courtney. Jason is currently away at Laurentian University and Courtney is showing people how math is suppose to be done. We also have two cats and a dog. The dogs name is Harley which may be as close as I get to one. But hey I can always dream, maybe one day. When I finished Lorne Park after a few stutter steps I ended up in the Computer industry where I reside today.

I've been fortunate enough to keep in touch with some good friends from then, some of which go all the way back to Lorne Park Public, and that's great. Hmmm, I believe that last statement gives me what they call a segue to a subject I wanted to speak on.

There's a very big party coming up next year, the LPSS 50th Anniversary Reunion on October 19th to 21st. We could use your help with spreading the word about the reunion and getting people signed up at the Alumni Website. So here's my idea, if we could all find one person we were either friends with or kept in contact with and have them sign up at the Alumni site and then we all did that again, well you see where I'm going with this. Now with all the added people wouldn't that be a celebration next year. Not that we couldn't find some time to get together before that, but one step at a time.

Last February a group of us got together at Dickson's Piano Bar & Grill, and it was great.

People I hadn't seen for years were there, I had a long conversation with Barry Elford, I think the last time I saw Barry we were in Bala. (That's a story for another time.)

Greig MacInnis was there as well, Greig's one of the people I've been fortunate enough to stay in contact with over the years. The great thing about re-connecting is just that, the memories that come up and the stories that get told; all good fun.

If you need some help in finding someone I'm happy to help. Also there are some excellent resources on the Internet, Classmates.com is a good place to start, or you could use 411.ca or the internet white pages to find people in Canada or the USA.

Well this brings me to a segment I would like to do, to remind you what movies, songs, books and fads were popular at this time in 1970 to 1974. I hope you enjoy this, feedback is very welcome.

Spartan Stuff (cont.)

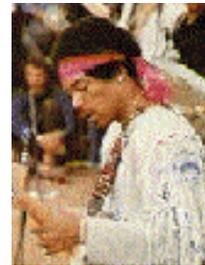
1970—1974 (cont.)

Our Culture

Movies Released in March

1970

Woodstock: Three Days of Peace and Music
Airport
Boys in the Band



1971

The Andromeda Strain
THX 1138 (George Lucas's debut movie)
Get Carter (The original)

1972

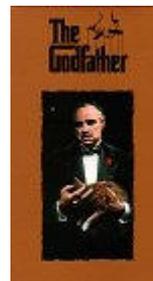
The Godfather
Slaughterhouse Five
Silent Running

1973

The Long Goodbye
Godspell
Theater of Blood

1974

The Great Gatsby
Mame
The Groove Tube



Music – Some of the albums you may have been listening to

1970

The Beatles – Let It Be
George Harrison – All Things Must Pass
Jesus Christ Superstar (Soundtrack)

1971

Don McLean – American Pie
John Lennon – Imagine
Faces – A Nod Is As Good As A Wink To A Blind Horse

1972

George Harrison - Concert for Bangla Desh
Eagles – Self-titled
Lou Reed – Transformer

1973

Elton John - Goodbye Yellow Brick Road
Paul McCartney and Wings - Band on the Run
Lynyrd Skynyrd - Pronounced Leh-Nerd Skin-Nerd



Spartan Stuff (cont.)

1970—1974 (cont.)

1974

Eagles - On the Border
 Little Feat - Feats Don't Fail Me Now
 Bob Dylan & the Band - Before the Flood [Live With The Band, 1974]



Books - Fiction Bestsellers

1970

Ernest Hemingway - Islands in the Stream
 Mary Stewart - The Crystal Cave
 Leon Uris - QB VII

1971

Arthur Hailey - Wheels
 William P. Blatty - The Exorcist
 Harold Robbins - The Betsy

1972

Richard Bach - Jonathan Livingston Seagull
 Frederick Forsyth - The Day of the Jackal
 Herman Wouk - The Winds of War

1973

Kurt Vonnegut - Breakfast of Champions
 Frederick Forsyth - The Odessa File
 Mary Stewart - The Hollow Hills

1974

Richard Adams - Watership Down
 Peter Benchley - Jaws
 John Le Carré - Tinker, Tailor, Soldier, Spy



Television

1969 – 1970

The top five shows of 1969-70 were Family Affair, Mayberry R.F.D., Bonanza, and Gunsmoke with the most popular being Rowan & Martin's Laugh-In.

1970 – 1971

The top five shows of 1970-71 were Gunsmoke, Ironside, Here's Lucy, and Flip Wilson Show with the most popular being Marcus Welby, M.D.

1971 – 1972

The top five shows of 1971-72 were Sanford and Sun, Gunsmoke, Marcus Welby, M.D., and Flip Wilson Show with the most popular being All in the Family.

Spartan Stuff (cont.)

1970—1974 (cont.)

1972 – 1973

The top five shows of 1972-73 were Bridget Loves Bernie, Maude, Hawaii Five-0, and Sanford and Son with the most popular once again being All in the Family.

1973 – 1974

The top five shows of 1973-74 were Hawaii Five-0, M*A*S*H*, Sanford and Son, and The Waltons with the most popular being - for the third straight season - All in the Family.

I hope you enjoyed this; it was fun doing the research.

Well that's it for now; please feel free to email me with questions, requests, and ideas (or anything else you can think of). One last thing, if you're able please find the time to donate blood, like they say, it's in you to give.

Peace,
Ross
April 2006

1975—1979 **Michelle Oliphant (Nolan) ('77) - michellenolan@cogeco.ca**

Preston MacDougall ('79) is a chemistry professor at Middle Tennessee State University. His weekly "Chemical Eye" commentaries are featured in the Arts and Public Affairs portion of the Nashville/Murfreesboro NPR station WMOT (www.wmot.org) and are published in various media, including www.sitnews.us.



His wife, **Tara MacDougall (McConnell, '79)** works in the financial services industry (Northwestern Mutual) on Nashville's "Music Row".

1980—1989 **Clarissa Stevens-Guille ('83) - clarissasg@sympatico.ca**

Timothy A. Brown ('82) - It's almost 25 years since we graduated - where are you now? I live in Lorne Park, and feel very fortunate to live in the neighborhood where I was born and raised. What changes! Many big houses are being built (many are being torn down too) & real estate has gone crazy here! I married a woman from Flin Flon Manitoba (16 years ago) - Sandy Evans. We have no kids and our own company. We regularly see many LPSS people at Barracuda's on Lorne Park road. I hope to see you at the 50th reunion on October 19 - 21st 2007. timothy@roicorp.com.



1990—1999 **Lindsay Lepp (Williams) ('95) - linzy905@hotmail.com**





50th Anniversary Reunion October 19-21, 2007

and finally...



LIFE BEFORE COMPUTERS

Memory was something you lost with age
An application was for employment
A program was a TV show
A cursor used profanity

A keyboard was a piano
A web was a spider's home
A virus was the flu
A CD was a bank account

A hard drive was a long trip on the road
A mouse pad was where a mouse lived

And if you had a 3 inch floppy . .

. . . you just hoped nobody ever found out!



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